

# WHAT MATTERS TO ME



## PERSONALISED CARE

Referral  
Via a single point  
of access

Social prescribing  
link worker



Care coordinator



Health and  
wellbeing coach



- Mental health needs
- Lonely and isolated
- Long term conditions
- Complex social needs

Link to

- voluntary sector
- community
- other statutory organisations
- wellbeing activities

- Low motivation
- One or more long term conditions

- Physical & mental health needs
- Low confidence

Link to

- confidence
- knowledge
- skills
- self-management
- behaviour change

- Needs information
- Uncoordinated care planning
- Frail/Elderly
- Multiple appointments

Link to

- community services
- secondary care
- mental health teams